



• EXCELSIOR •

DAY SAIL JOINING INSTRUCTIONS

Embark:- Please join the ship at **09:30** Lowestoft Heritage Quay, South Pier, Royal Terrace, Lowestoft NR33 0AQ

Disembark:- You will be free to leave the ship by **17.30** Lowestoft Heritage Quay, South Pier, Royal Terrace, Lowestoft NR33 0AQ

After your welcome on board, you will be given an introduction to the crew and the ship, her equipment and the voyage plan.

Excelsior complies with all the Marine Safety Agency requirements and carries her full complement of safety, life-saving and fire-fighting equipment. She will be under the command of a qualified crew whose aim it is to make the voyage safe, educational, and enjoyable. Instruction will be given covering all safety procedures before going to sea.

You should bring old comfortable warm clothes including:

- Gloves, hat and scarf
- Windproof Coat
- Soft soled shoes
- Sea boots or Wellies if you have them

If you have it, bring your own wet weather gear, we do have basic waterproofs for those who don't have their own. Also if it is due to be wet, a change of clothes can be handy.

Lunch and refreshments will be provided throughout the day.

You are insured against accident or injury caused by negligence on the part of the Trust, however you must, at all times, follow the crew's safety instructions.

In preparation for your voyage, any questions please do not hesitate to contact us.

0845 308 2323 or email sailing@excelsiortrust.co.uk

THE EXCELSIOR TRUST *Broadening horizons at sea*

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